

Healthy Club Policy 2007

1. Smoking:

The Wembley Downs Junior Football Club recognises that smoking and passive smoking are extremely hazardous to health. We endeavor to ensure a smoke free environment in all areas under control of the club including club rooms and the adjacent change rooms. All club functions are smoke-free where possible. The Club will never be involved in selling tobacco products and non-smoking signage will be prominently displayed in areas controlled by the Club.

2. Alcohol:

The Wembley Downs Junior Football Club supports the responsible adult use of alcohol. We therefore actively discourage excessive or rapid consumption of alcohol and strictly enforce that alcohol is not served to any person who is intoxicated or under the age of 18 years. We promote lower pricing on low and non-alcoholic drinks and provide free un-bottled water.

3. Other Drugs:

The use of illicit drugs and performance enhancing drugs is not permitted by any Wembley Downs Junior Football Club member or patron. The Club willingly supports the national and international agencies, including the AFL and WAFL, with their drug programmes.

4. Sun Protection:

The Wembley Downs Junior Football Club will take all reasonable steps to address sun safe practices where possible and try to schedule outdoor activities outside the hours of 10.30am to 2.30pm. Where possible, we make maximum usage of existing shade facilities and we follow the Cancer Foundation of Western Australia guidelines for Sun Smart clothing, use of sunscreen and the wearing of hats.

5. Sport Activities:

The Wembley Downs Junior Football Club encourages all members to adopt safe practices to prevent injury by providing safe training and competition areas, first aid equipment, accredited first aid personnel and qualified coaches at all training sessions and match day events.

All coaching staff have at least Level One coaching accreditation, as required by the Tigers District Development Council, and the oval and club room facilities used by the Wembley Downs Junior Football Club have public liability cover.

6. Adult Participation:

As a healthy club, we encourage parents to participate in the running of the club. Parents are also encouraged to support their children in constructive and positive ways. In all instances, aggressive parent syndrome is never welcome.